

Moderate Bike Routes

Distance: 20 minutes or 3.5 miles per loop

Start/End Location: Capital Bikeshare station at Valley Ave & Wheeler Rd SE, Washington, DC 20032

Download a cue sheet for step-by-step directions here: [RidewithGPS](#)

Oxon Run Trail is a short and flat route that is ideal for intermediate riders because it offers several mild inclines and easy street crossings.

Explore the trail on Capital Bikeshare! [Download the app to rent a bike for just \\$2 for a 30-minute trip!](#)

You'll weave through Oxon Run Park, which features abundant recreation options including a pool, tennis and basketball courts, baseball fields, and playgrounds. Fully renovated in 2018, the trail follows both sides of Oxon Run with many street intersections and park bridges to connect the trail together. There are also some mild inclines, since it follows the natural topography of the stream.

See additional routes on page 2.



Oxon Run Trail



Moderate Bike Routes

Distance: Up to 90 mins or 12 miles

Start/End Location: Capital Bikeshare station at K St & 30th St NW, Washington, DC 20007

Download a cue sheet for step-by-step directions here: [RidewithGPS](#)

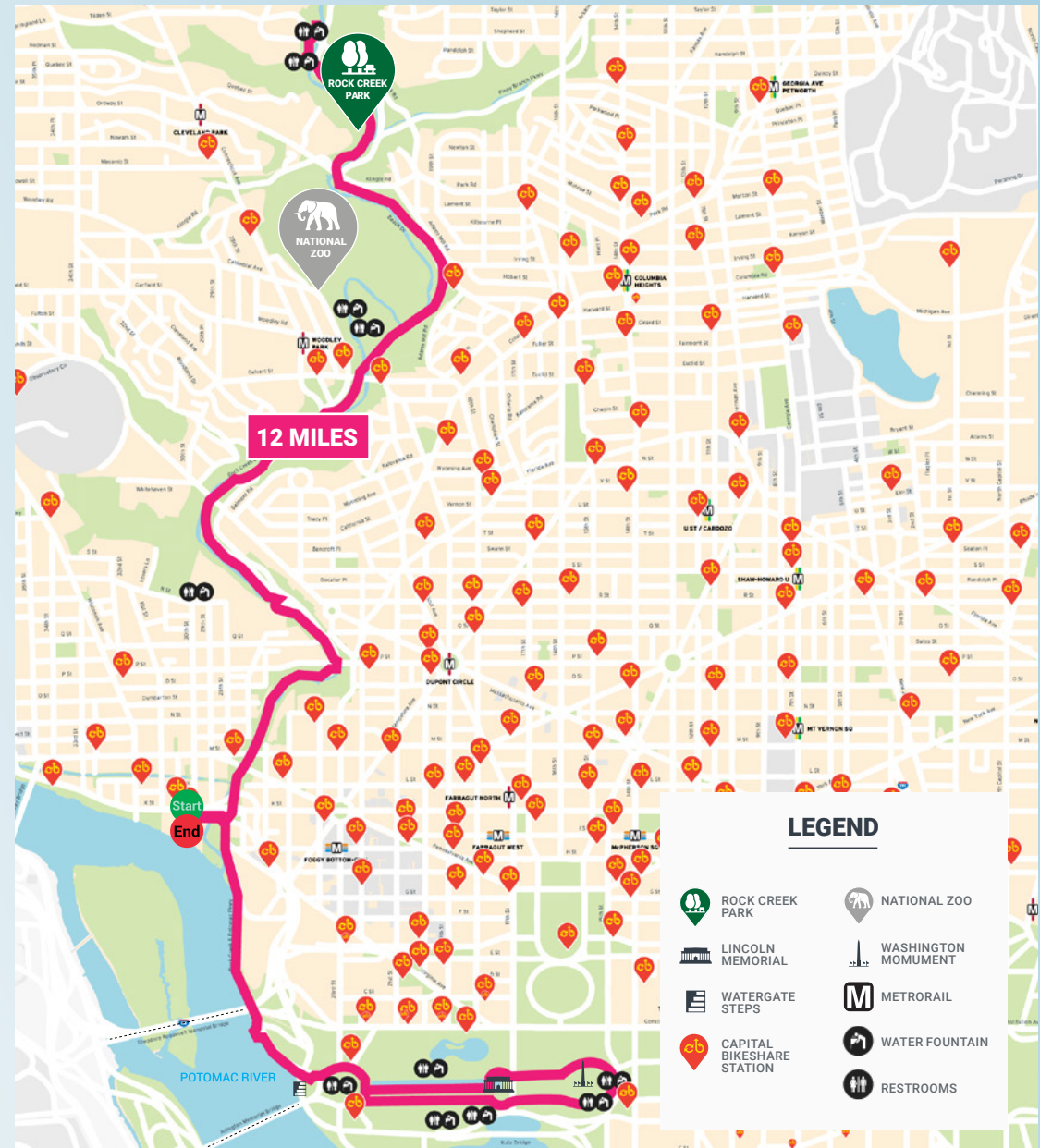
A local favorite, Rock Creek Trail is for cyclists looking for longer, scenic routes. Riverside trails and shared, multi-use paths take you through DC's most iconic sights and the natural oasis that is Rock Creek Park.

Explore the trail on Capital Bikeshare! [Download the app to rent a bike for just \\$2 for a 30-minute trip!](#)

Start at the Georgetown Waterfront and follow Rock Creek Trail to the National Mall and Rock Creek Park. Along the way, you'll pass a number of DC's most iconic monuments and memorials, as well as the National Zoo. You can turn around whenever it suits your fancy! On weekends, long sections of Beach Drive are closed to cars and the trail extends beyond the Maryland border all the way to Rockville.



Rock Creek Trail



*This route can get crowded so be patient, yield to pedestrians, and let people know when you are passing them.